

Christine Dunkley's Top Ten Visual Metaphors.

90 minute interactive seminar on zoom

£36 including VAT

CPD cert available

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1530 – 1700 Thursday 15th April



If you are a therapist who likes to work with metaphors and analogies, then those that involve physical props can make more of an impact. In this workshop Dr Christine Dunkley shares her top ten favourite prop-based metaphors that you can weave into your therapy to bring home a teaching message. Following on the success of her 'Top three diagrams' workshop Christine can promise a memorable 90 minutes, with practical skills to enhance your practice. If you have a favourite visual or practical metaphor you will also have an opportunity to share it with your colleagues in this interactive zoom webinar.

Dr Christine Dunkley is an international trainer and author with over 30 publications including books, chapters, research papers and DVD series. Her latest book **“Regulating emotion the DBT way** is out now.

About the training: This is not a webcast but a live zoom meeting, where you can see and interact both with the speaker and with other participants. You will be sent an invitation which will prompt you to download Zoom (free) if you do not already have it. We ask that you participate on an individual laptop or phone. If you do not want to be seen, you can turn off your camera and you will still be able to see and hear the presentation. We also have the option to split into smaller discussion groups, to replicate face to face training as closely as possible.